

Toss Those Chemicals! - Save That Energy!

Ready to save money, your health, and the Planet? Kindness begins at home!

- Keep those large plastic toys your children get outside for a few weeks rather than indoors. Plastics release gasses when they first come out of their packaging that add to the toxins in your air.
- Baking Soda is an excellent silver polisher. Mix one part water with three parts of Baking Soda to make a polishing paste. Rub on and then rinse off, then polish with a piece of an old tshirt.
- Keep plants, especially spider plants. They filter and remove airborne toxins from your environment.
- Baking Soda is an excellent silver polisher. Mix one part water with three parts of Baking Soda to make a polishing paste. Rub on and then rinse off, then polish with a piece of an old tshirt.
- Copper pot bottoms can be easily cleaned lemon and salt. Another technique is a mixture of equal parts of flour and salt with enough white vinegar to make a paste. Let it sit for awhile and then rinse
- To polish copper use ketchup. Apply a generous amount and scrub with a metal scrubbing pad. Let it sit for a few minutes, then rinse and polish with a clean, dry cloth, a piece of a tshirt works best.
- Glass is easily cleaned with club soda or a mixture of one tablespoon vinegar and two tablespoons of ammonia mixed into a quart of water. Most commercial glass cleaners have a substance in them to stop mirrors from fogging that eventually leaves a film that is hard to clean in a streak free manner .
- An excellent rust remover is salt and lime. Sprinkle salt on the rust and then squeeze the lime over it. Let it sit for three hours, then scrub off with rind of the lime.
- Replace those tree consuming paper towels with terry cloth for wet cleaning and tshirts for dusting and polishing.
- Remove soap scum and mold from shower and bath tiles with a scrub brush and baking soda.
- When possible use cold water for your wash cycle and always for your rinse cycle, you'll save as much as 90% of the energy you would use using hot water.
- Instead of partial loads in your washing machine always wash full loads. Washing machines can use 30 to 60 gallons of water for each cycle.
- Use a clothes line for drying clothes when possible.
- When you must use a drier, take the items that are going to go on hangers out after ten minutes. Hang them on the shower curtain rod and they will dry with less wrinkles and last longer. The remaining clothes will take less time to dry.
- Look for biodegradable, phosphate-free, chlorine-free, vegetable oil base, unscented, and dye-free cleaning products.
- Use as many concentrated products as possible to save on packaging .

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